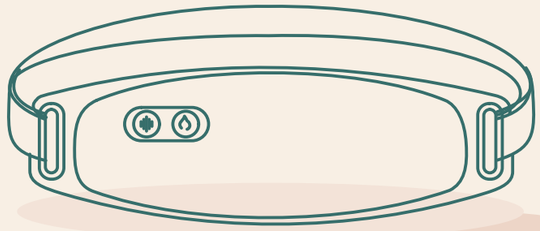
cozli

YOUR KIND OF COZY.

Some days need a little extra comfort

WEARABLE HEAT & MASSAGE BELT



USER MANUAL

Model P7 · Please read before first use

WELCOME

What's in the box

Thank you for choosing Cozli. Everything you need is right here.



Heating & massage belt



Extension strap



Charging cable

User manual

USB power adapter not included.

For personal warmth and comfort. Not a medical device.

SAFETY FIRST

Please read before use

WARNING · Reduce the risk of burns, fire or injury

- Never use while sleeping
- On High, move it after 8 min
- Don't use while charging
- Keep dry. Never immerse
- Keep away from fire & heat
- No pins or sharp objects
- No heat rubs or creams
- Don't fold or sit on it when hot
- Don't open or repair it
- Switch off after each use

Skin red or uncomfortable? Remove the belt at once.

SAFETY FIRST

Not for everyone

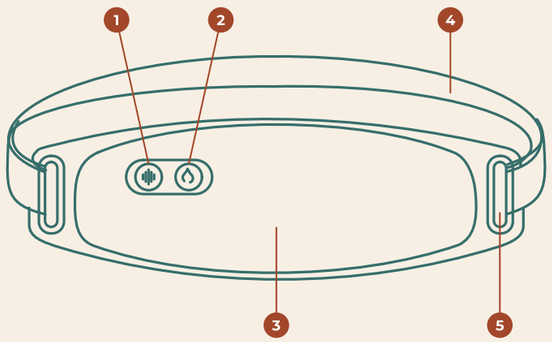
DO NOT USE THE BELT IF YOU HAVE OR ARE

- Pregnant
- Moderate or severe heart disease
- Reduced skin feeling or broken skin
- Epilepsy, or gout not fully healed
- An unhealed wound or recent surgery
- An infant, a child, or can't remove it alone

Ask your doctor first if you have diabetes, poor circulation, a pacemaker or any other medical condition.

PRODUCT OVERVIEW

Know your belt



1. **Power & Massage button** · hold 2 sec to switch on / off, tap for massage modes
2. **Heat button** · tap to change the heat level
3. **Heated massage area** · rests against your lower belly or back
4. **Straps** · wrap around your waist
5. **Buckles** · fasten the belt and adjust the fit

Extension strap (in the box) · adds length for a larger fit

CONTROLS

Two buttons, that's it

Power & Massage
Hold 2 sec: on / off
Tap: next massage mode

Heat
Tap: next heat level



LIGHT COLOURS

- **Red** — On · High heat
- **Blue** — Medium heat
- **Green** — Low heat
- **Flashing green** — Charging
- **Solid green** — Fully charged

GETTING STARTED

Quick start

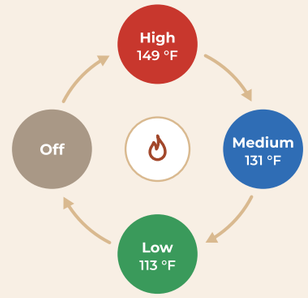
1. **Charge it** — Charge fully before first use.
2. **Wear it** — Heat zone against your lower belly or back. Fasten snugly.
3. **Switch on** — Hold Power & Massage for 2 seconds.
4. **Choose your comfort** — Tap Heat for warmth, tap Power & Massage for massage.
5. **Switch off** — Hold Power & Massage for 2 seconds after each session.

Cozy tip: new to heat? Start on Low and work up.

HEAT & MASSAGE

Find your comfort

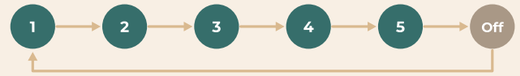
TAP HEAT TO CYCLE



High 65 °C · Medium 55 °C · Low 45 °C

On High, move the belt after 8 minutes

TAP POWER & MASSAGE TO CYCLE



5 vibration modes. Heat and massage work on their own or together.

CHARGING

Charge in four steps

Plug in
Use a 5 V / 2 A USB adapter (not included) or a computer USB port.

Flashing green
Charging in progress.

Solid green
Fully charged.

Unplug, then use
Never use the belt while it is charging.

Storing it? Switch off and recharge every 2 months to protect the battery.

APP CONTROL · IPHONE

Control it from your iPhone

Scan with your **iPhone camera**



1 Scan & install i-Health-app
2 Switch the belt on
3 Turn on Bluetooth
4 Open the app, tap your belt

113–149 °F	5 massage modes	Timer 0–120 min

App Store · i-Health-app · requires iOS 9 or later

Android users: we are in the process of developing the app for Android as well.

CARE & STORAGE

Keep it cozy for longer

CLEANING

- Switch off & unplug first
- Wipe with a damp cloth
- Rubbing alcohol on sweat marks
- Air-dry fully
- No washing or soaking
- No detergent
- No wringing
- No thinner or gasoline

STORAGE

- Cool, dry place, out of the sun
- Let it cool before folding
- Recharge every 2 months
- Out of children's reach

Worn or damaged? Stop using it and contact Cozli Support.

BATTERY

Battery safety

Built-in lithium-ion · 3.7 V · 3000 mAh · 11.1 Wh

- No fire or high heat
- Not near stoves, in hot cars or strong sun
- Don't puncture, crush or drop
- Keep away from keys & coins
- Don't remove the battery
- Swelling, leaking or very hot? Stop & call us

END OF LIFE

Li-ion **Don't put it in household trash.** Recycle it at an electronics or battery drop-off point.

TROUBLESHOOTING

Quick fixes

Belt won't switch on?

Is it charged?
- No → Charge until the light is **solid green**
- Yes → Hold **Power & Massage** for a full 2 seconds

Still off? Email **support@feelcozli.com**

APP CAN'T FIND THE BELT?

Belt is switched on → Bluetooth is on → Phone is close by → Reopen the app

FEELS TOO HOT?

Lower the heat or switch off. Wear it over a thin layer of clothing.

SPECIFICATIONS

At a glance

- **Model P7** — Heat & massage belt
- **3000 mAh** — Li-ion polymer · 3.7 V
- **5 V DC · 8 W** — Rated voltage & power
- **5 V / 2 A** — USB charging input
- **113–149 °F** — 3 heat levels (45–65 °C)
- **5 modes** — Vibration massage
- **Bluetooth** — iPhone app control
- **0–120 min** — App timer

ENVIRONMENT

	In use	Storage
Temperature	32–104 °F (0–40 °C)	14–122 °F (−10–50 °C)
Humidity Air pressure	Below 80% RH 70–106 kPa	Below 80% RH 70–110 kPa

COMPLIANCE

FCC statement

Cozli Heat & Massage Belt, Model P7 This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

U.S. responsible party: Averiq US Inc., 30 N Gould St Ste R, Sheridan, WY 82801 · support@feelcozli.com

cozli
YOUR KIND OF COZY.

We're here to help

support@feelcozli.com

www.feelcozli.com

1-year limited warranty

Scan to register your COZLI product.

Keep your proof of purchase.

Terms: feelcozli.com/warranty

Certificate of qualification

Inspected against quality requirements before leaving the factory.

QC Inspector _____
Production date _____

Distributed by Averiq US Inc.
30 N Gould St Ste R, Sheridan, WY 82801
Made in China I P7-UM-US I Rev 2.2 I 10/2026